



DEEDS NOT WORDS.

Ulmarra Public School

Excellence Innovation Opportunity Success

NEWSLETTER 2014

Contact us:

12-14 Pacific Highway, Ulmarra. N.S.W. 2462

www.ulmarra-p.schools.nsw.edu.au

Email: ulmarra-p.school@det.nsw.edu.au

Phone: 02 66445266 Fax: 02 66445373

Check us out at

www.ulmarra-p.schools.nsw.edu.au

Term 2 Week 6 Tuesday 3rd June 2014

Principal's Message

It has been sometime since the last newsletter as I was holding off in the hope that I could provide you with more information on the permanent principal appointment. At this stage the process continues and I will make the announcement as soon as possible.

As we move into winter it's a good time to ensure that your child's name is still visible on their clothing, jumpers in particular.

This Thursday the 5th June Mrs Spring and 5/6A will perform **Robbing Hood of Sherbert Forest**. This special assembly will begin at 9:15 at the COLA. Anyone who has witnessed one of Mrs Springs productions will know the time and effort that goes into them. 5/6 A are excited to be performing for you and we hope to see you at this special occasion.

Jye Reardon

Relieving Principal

Simultaneous Storytime

National Simultaneous Storytime is an important annual campaign that aims to encourage more young Australians to read and enjoy books. Now in its 14th successful year it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy using an Australian children's book. Thank you Mrs Kowal for co-ordinating this fantastic event. Congratulations to 3/4R and 1/2M for receiving the elephant cake prizes.

Commonwealth Bank StartSmart Visit

It's never too early to teach children the value of money. Research indicates that it is crucial to develop financial literacy skills from an early age. The StartSmart Primary program teaches these skills in a

way that students can understand and enjoy. It was developed with a panel of leading specialists in primary education, cognitive development, instructional design and financial literacy.

Ulmarra Students all walked away with the 'be clever with your coins' message.

Music Lessons

Jade Holloway from Music Stars is willing to conduct after school music lessons, beginning next term. Expressions of interest are required to see if the lessons are viable. Cost \$110 for the term, minimum six students required. Please enquire at the school office.

Toilet Up Grade

Our toilet upgrade continues and is near completion. The date of completion has been extended as Ulmarra Public School were able to secure another grant to ensure our students have all weather access to the new facilities. We will extend this all weather access across to the canteen. Ulmarra continues to grow and improve.

Athletics Carnival

We have been busy running off the High Jump and discus events for our annual Ulmarra Athletics Carnival which will be held on Tuesday, 10th June. Helpers are needed on the day so please contact Mr Reardon on the day.

Soccer team

As this newsletter is being written our school soccer team are on their way to Junction Hill to compete against Copmanhurst Public School in the PSSA knockout competition. Thank you Mr Anderson for organizing this event.

Covey Thought of the Week

"Most of us spend too much time on what is urgent and not enough time on what is important."

— [Stephen R. Covey, *The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change*](#)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
2nd June	3rd June Canteen	4th June Nude Food	5th June Canteen Special Assembly Mrs Springs Play	6th June	7/8th June
9th June Queens Birthday long weekend	10th June UPS Athletics Carnival	11th June Nude Food Maclean High School year 6 orientation	12th June Canteen	13th June	14/15th June
16th June	17th June Canteen Basketball Bounce off years 3-6	18th June Nude Food	19th June Canteen	20th June Assembly 3/4R	21st/22nd June



GIVE THE SCREEN A REST. ACTIVE PLAY IS BEST.

Screen time refers to the amount of time spent watching TV including videos and DVD's; playing computer games on video consoles or on computers and using computers for other purposes.

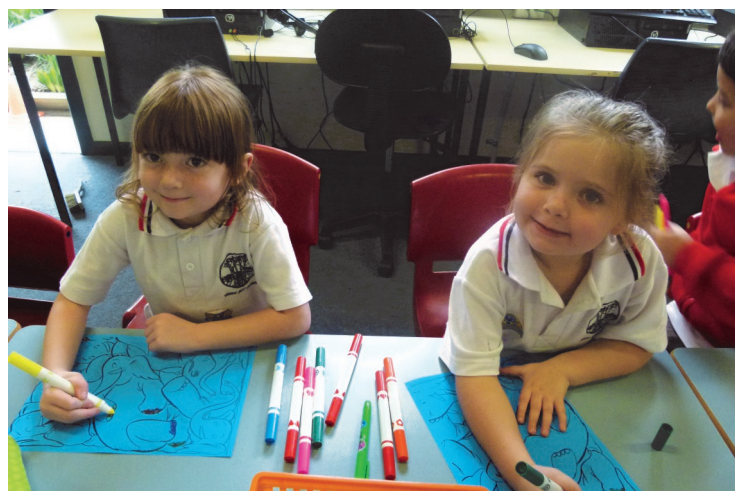
Research now indicates that for every hour of television children watch each day, their risk of developing attention-related problems later increases by 10 % e.g. three hours of TV a day means 30% more likelihood of developing problems with paying attention!

Simple ideas to reduce screen time are:

- Move any TV or other screen out of your child's bedroom
- Turn off the screens at dinner time
- Encourage outside play while there's daylight.



Simultaneous Storytime Activities with Kinder





FAMILY RELATIONSHIP SKILLS PROGRAM presents

2 Workshops for Parents: Grafton and Maclean.

Responding not Reacting

Mondays 16th & 23rd June 9:30-12:30

Pullen Centre Grafton

How can you respond to your child in the way he or she needs without reacting to his/her behaviour?

Understand your child's behaviours, Understand your reactions, Develop simple strategies to stop and think before you react.

Knowing My Mind

Tuesday 17th June 9:30am-2:30 pm. Free lunch.

CRANES. 18-20 Clyde St, Maclean.

A workshop about self esteem, assertiveness and communication. Knowing and communicating who I am, what I can do, what I can't do (boundaries) and what I am about (values), in ways others can hear.

Bookings essential. Free child care on request

Phone CRANES 66427257

16th Annual

**OTTIS MEDIA AWARENESS DAY
at Grafton Shopping World
on Thursday 12 June from 10am – 5pm.**

Otitis Media or middle ear disease affects up to 30% of Kindergarten children at any time. It can result in reduced hearing, leading to problems with learning and the development of social skills.

This promotion is being run by:
the North Coast Support Teachers for Conductive Hearing Loss;
Grafton Community Health; and
Bulgarr Ngarru Aboriginal Medical Service.

Free ear health checks will be available on the day for preschool and school aged children. Information will be available for parents and teachers about Otitis Media and how it affects the health and education of young children.

Thankyou

Beverly Walls
Support Teacher (Conductive Hearing Loss)

IN BRIEF:

The 16th annual Otitis Media Awareness Day will be held on Thursday 12th June, 10am-5pm at Grafton Shopping World. Free ear health checks for children will be available on the day as well as information on Otitis Media and its effects on children.

Enquires: Beverly Walls
Grafton Public School
Ph: 0427251627
beverly.walls@det.nsw.edu.au