



► **CURRICULUM & TRAINING**  
Teachers research resources for *The Leader in Me* and the *7 Habits of Highly Effective Kids*



► **SPORT**  
Ulmarra children undertake Water safety and rescue training. Soccer clinic a hit on Fridays during Live Life Well sessions.



► **INNOVATION**  
Doonguun gets Photoshopped!



► **COMMUNITY**  
P&C Meeting next Tuesday. Mrs Conyard to give tips on helping your child with Reading at home from 6.45pm-7.00pm. ALL WELCOME!

# Ulmarra Public School

***Excellence Innovation Opportunity Success***

## NEWSLETTER 2013

Contact us:

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Check us out at

[www.ulmarra-p.schools.nsw.edu.au](http://www.ulmarra-p.schools.nsw.edu.au)

Term 1 Week 7 Friday, 15th March 2013

### CAN YOU JUDGE A BOOK BY ITS COVER?

When it comes to school uniform, I believe you can!

Our school often receives positive comments about our school uniform. Ulmarra students look really sharp when they proudly wear their red and white.

Unfortunately, I have taken my finger off the pulse of late, distracted by the flood and subsequent recovery process and it is time to take stock of how our students are currently uniformed.

Overleaf is a photo of some well dressed students. Please note that there is quite a choice when it comes to black shoes. Shoes can be leather or PVU but not cloth. Cloth shoes are a Work Health and Safety issue.

When the weather cools down, children may wear a red tracksuit and/or the school red and white jacket. White socks please and no leggings. As the weather can be unpredictable, it is advisable to pack a skort or tracksuit pants.

We thank you for helping us to maintain the great reputation our school has worked hard to achieve.

Kind Regards,

*Sandra Armstrong*

Principal

### THANK YOU ST GEORGE BANK

Thank you to Branch Manager, Ms. Jayd Urquhart and the St George Bank for their generous donation of \$5000 to the school as part of their Flood Recovery Program. This Community Grant will be used to refit our Transition to School room enabling us to have permanent fixtures and new resources. This will make a great program even greater! If you are in the St George Bank, please pass on your thanks for their generosity. It is an extremely well timed wind fall for us and is much appreciated.

The official cheque handover and celebration will occur this afternoon and will be received by our school captains, Caleb and Aila and P&C President and Vice President, Mr Cowan and Mrs Ensbey on behalf of all the Ulmarra P.S. community.

### SCHOOL SNAPSHOT~ DON'T MISS MRS. CONYARD'S DEBUE!

The first of our School Snapshots will be held just prior to next Tuesday's P&C meeting. This is a new Ulmarra Initiative and aims to show interested families a little of what goes on in our classrooms each day. Mrs. Conyard will spend 15 minutes from 6.45pm till 7.00pm giving parents some tips on how to best support your child at home in his or her reading. Please feel free to come just for her session if you are not a regular P&C attendee. We realise how busy this time of day is for families. We look forward to seeing you there!

### STAGE 2 & 3 EXCURSIONS

Notes have gone home regarding the Sydney and Lake Ainsworth excursions. Please assist the school to secure our bookings by paying your deposit as soon as possible. Excursions are an important part of the education process and provide a wide range of learning experiences for the children. They are planned with the educational interest and needs of the children in mind and provide an important supplement to the learning programs of the school.

### EASTER RAFFLES

Thank you to those who have sent in goodies for our Easter raffles. This year's raffles will be drawn on Monday 25th March at the school at 2.50pm. Donations may be dropped into the school office.

### PANCAKE DAY

Once again the Great Ulmarra Bite delivered a delicious treat for our students. We had never before seen such variety in toppings! From marshmallows to bananas it was all a sensational hit. Thank you Mrs Ensbey, Mrs McKeown and Mrs Watts.

### CRAZY HAIR DAY

Our Ministers for Welfare, Stanko, Joey, Jamie and Tim have organised our first Fundraiser for 2013. A Crazy Hair Day will be held next Friday. Money raised will go toward research into cystic fibrosis. Come with a crazy do and a gold coin donation for this worthy charity.

### 3/4R FOCUS ON GETTING THE 7 HABITS MESSAGE OUT THERE

Don't miss next Friday's Assembly with the spotlight on 3/4R. They have some important information for us all.....



# ULMARRA SCHOOL UNIFORM



The uniform items listed below are available from **Sea Eagle Fashion** at 249 River St Maclean.  
The phone number is 66 453 778. The shop is open 9am – 5pm from Monday to Friday.

Shirt - \$22.50, Grey Shorts - \$19.95, Jacket - \$34.00, Tracksuit Pants - \$19.95,  
Fleece Jumper - \$19.00, Fleece Pants - \$18.00

School hats can be purchased from the canteen and cost \$9.00 each. School hats are available in two styles - bucket hat or a cap. All new enrolments receive a free hat.

# TOP TIPS FROM MR R.

*Be healthy – be active!*



## Encourage fair play

Sport and games are a great way for children to learn about teamwork, rules, winning, losing as well as providing invaluable physical activity.

Parents can encourage fair play by:

- ⇒ Emphasising effort and having fun, not just winning.
- ⇒ Cheering and acknowledging good play by both teams.
- ⇒ Talking about the game **not** the result.

## Autumn fruits

Autumn brings delicious fruits and salad vegetables for students to enjoy during Crunch & Sip. Crunchy cucumber, crisp snow peas, sweet cherry tomatoes and delicious plums are all in season at the moment and they taste great!

A mini salad of chopped cucumber, snow peas, cherry tomatoes and carrot sticks makes a tasty and colourful Crunch & Sip snack. Small plums are great for small hands, or give your child a kiwifruit that has been sliced in half and wrapped in plastic film.

## INFORMATION FOR FAMILIES

### Public speaking

Does your child suffer glossophobia? Fear of public speaking is common. Try creating opportunities for your child to present speeches to the family, without putting pressure on them to perform. Here are some tried and true tips to make your child's next speech a success.

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/public-speaking-in-primary-school>

### Science starters

Did humans live with dinosaurs? Does the moon disappear in the day? Kids love to know the answers to life's mysteries but there are a few facts they often get wrong in the name of science.

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/other-subjects-and-projects/science/10-scientific-facts-your-child-needs-to-know>

## THE LEADER IN ME ~ THOUGHT OF THE WEEK

*We can choose to throw stones, to stumble on them, to climb over them or to build with them.*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
18th March	19th March Library NO TRANSITION Canteen School Snapshot featuring Mrs Conyard 6.45pm P&C Meeting 7pm	20th March	21st March Canteen CAPA Groups	22nd March Assembly 11.30am Spotlight on 3/4R Crazy Hair Day	23rd/24th March
25th March Easter Hat Parade at Rathgar P&C Easter Raffle at school 2.45pm	26th March Bookmobile Library NO TRANSITION Canteen	27th March	28th March Canteen CAPA Groups	29th March  GOOD FRIDAY	30th/31st March
1st April EASTER MONDAY	2nd April Library NO TRANSITION Canteen	3rd April Rural Fire Service Talk	4th April Canteen CAPA Groups	5th April Assembly 11.30am Spotlight on 1/2C	6th/7th April

*There is a leader in us all.*



# Pancake Day









